

What are family values

Introduction

What exactly makes up a strong family that possesses good family values?

A strong family is one that sustains its members — that supports and nourishes the members throughout the span of that family .

A strong family unit creates a safe, positive and supportive place for all members to thrive. They are able to utilize resources and to live together in a fairly healthy manner.

The adults in a strong family set the tone. They are good role models that lead by example. They reach out to friends and community and teach their children the importance of doing the same -- and that becomes part of who the children are. They work together to solve problems, and they pass their skills on to the next generation. Some important elements of a strong family system are Individuality, Integrity, Skills and Competences, Knowledge, Compassion, Family, Optimism, Cohesion, Flexibility, and Communication.

Value N° 3

Skills and Competences

Only through hard work and dedication we can come true our goals and dreams. We are diligent in our work, using all our talents and always doing our best, no matter what the task is. We expect fair compensation for our labors but avoid excess. We strive to be self-sufficient, never expecting others to do for us what we can do for ourselves.