

What are family values

Introduction

What exactly makes up a strong family that possesses good family values?

A strong family is one that sustains its members — that supports and nourishes the members throughout the span of that family .

A strong family unit creates a safe, positive and supportive place for all members to thrive. They are able to utilize resources and to live together in a fairly healthy manner.

The adults in a strong family set the tone. They are good role models that lead by example. They reach out to friends and community and teach their children the importance of doing the same -- and that becomes part of who the children are. They work together to solve problems, and they pass their skills on to the next generation. Some important elements of a strong family system are Individuality, Integrity, Skills and Competences, Knowledge, Compassion, Family, Optimism, Cohesion, Flexibility, and Communication.

Value N° 6

Family

We all belong to a family. Our family bonds gives us identity; a way to recognize ourselves with a culture and heritage all our own. We support each other, depend on each other, respect each other and comfort each other. We are also members of larger families; our community, the human family, and the family of life on Earth. We accept the responsibilities of being a part of these families, only receiving what we need so that others may have their share, and helping to strengthen the family through our service.